

# IDMVis: Temporal Event Sequence Visualization for Type 1 Diabetes Treatment Decision Support



Yixuan (Janice) Zhang



Kartik Chanana



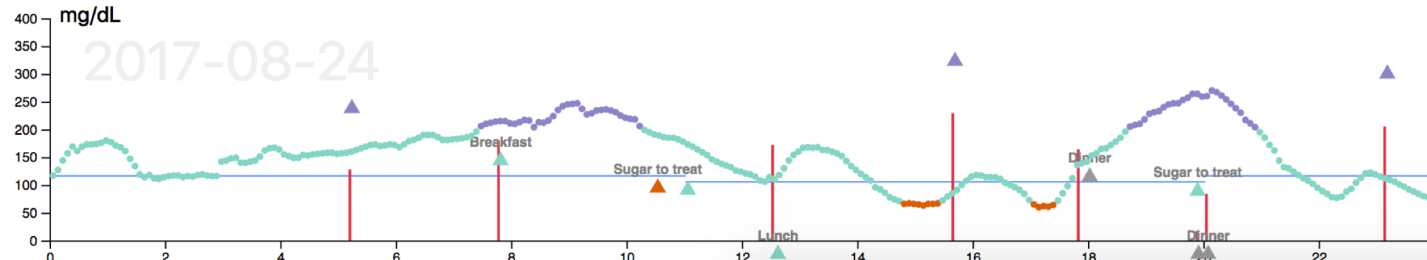
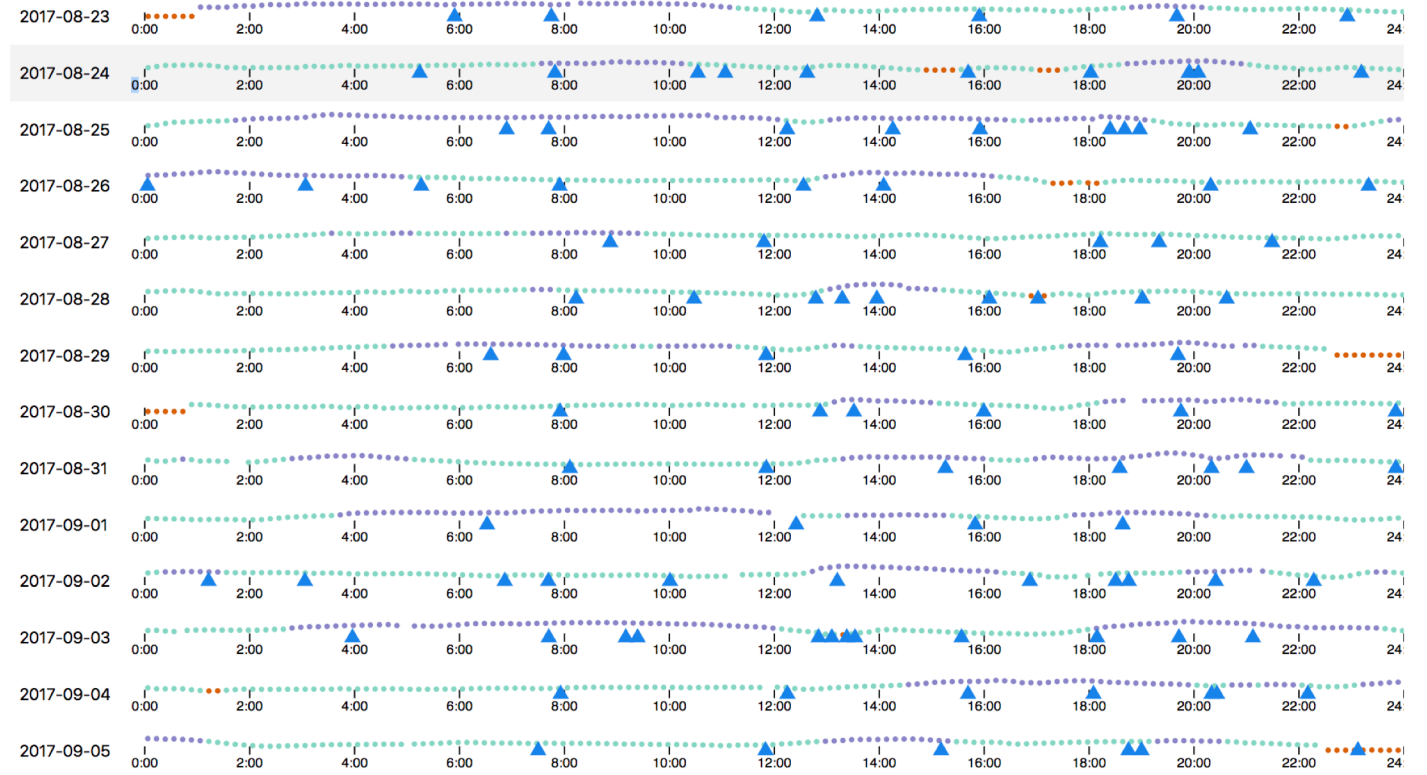
Cody Dunne



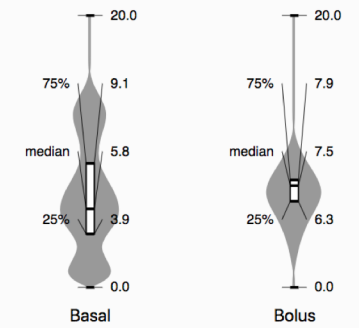
Northeastern University

# Contributions

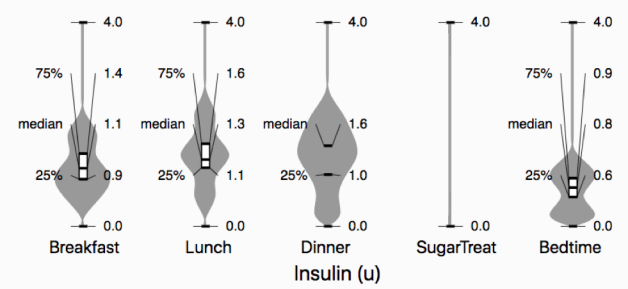
<< >> From 08/23/2017 To 09/05/2017 1st Align Event 2nd Align Event



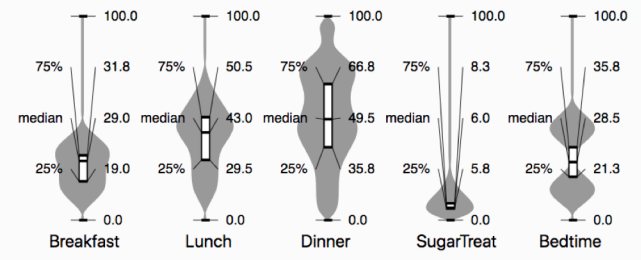
Visualization Day By Meal About



Basal and Bolus (u)



Insulin (u)



## Contributions

- **IDMVis** – a temporal event sequence visualization tool to support diabetes treatment decision
- **Hierarchical Task Abstraction**

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Hierarchical Task Analysis

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Hierarchical Task Analysis

Task Abstraction

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- **IDMVis** – a temporal event sequence visualization tool to support diabetes treatment decision
- **Hierarchical Task Abstraction**

Hierarchical Task Analysis

Task Abstraction

Design

Imagine a 10-year-old kid, who has been diagnosed with type 1 diabetes...



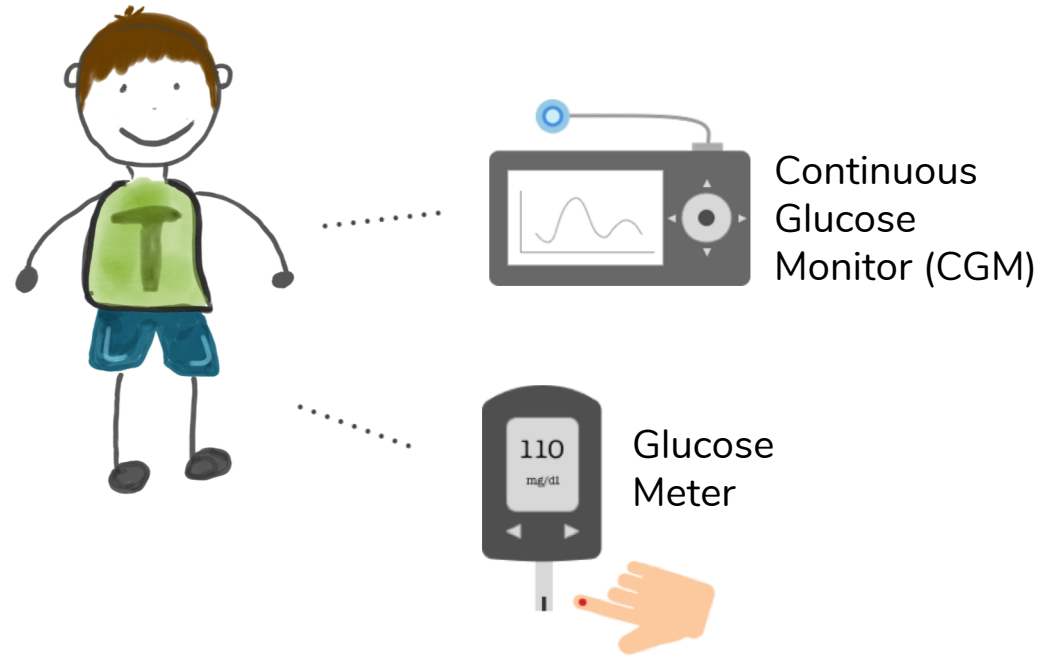
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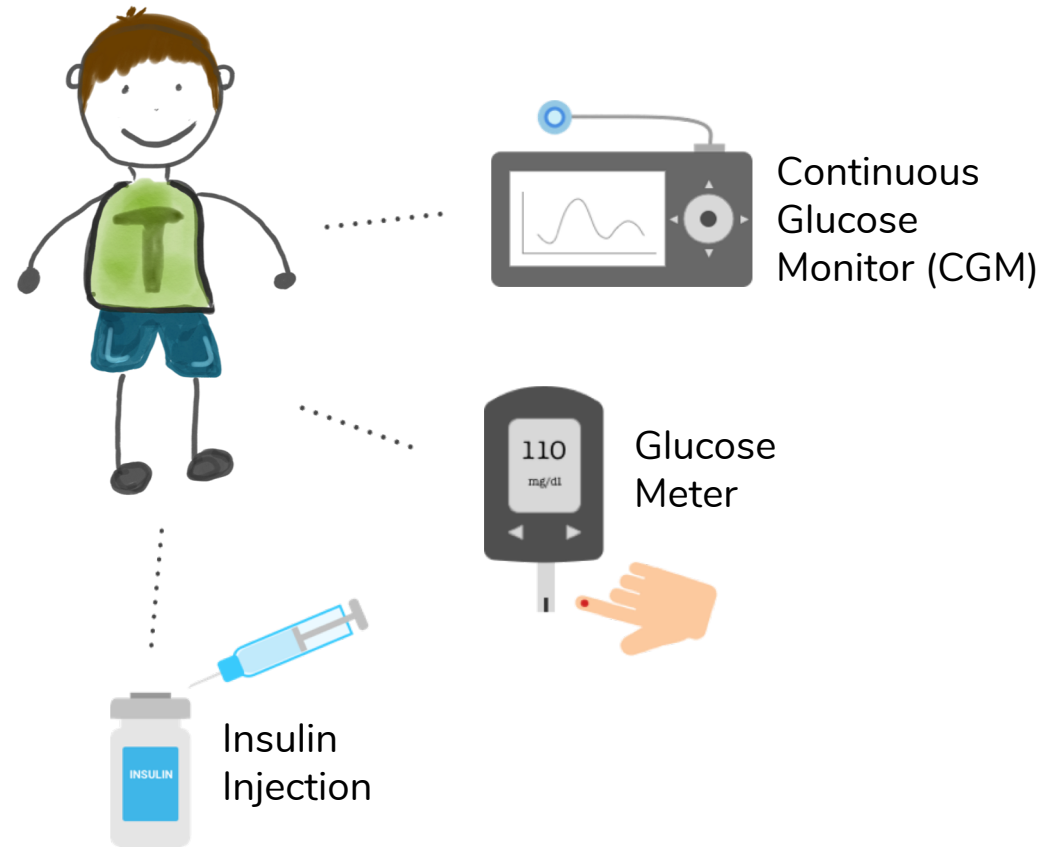
Continuous  
Glucose  
Monitor (CGM)



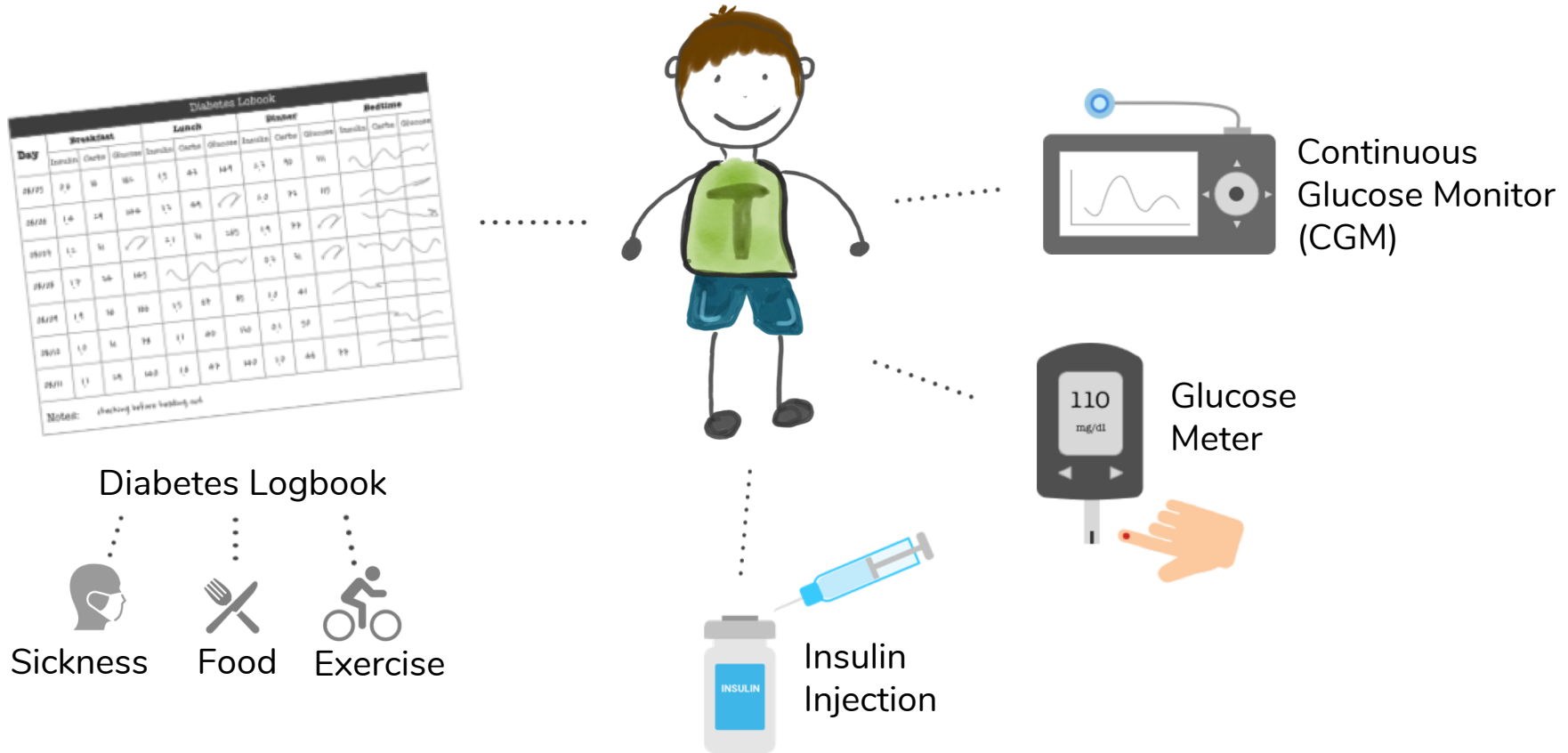
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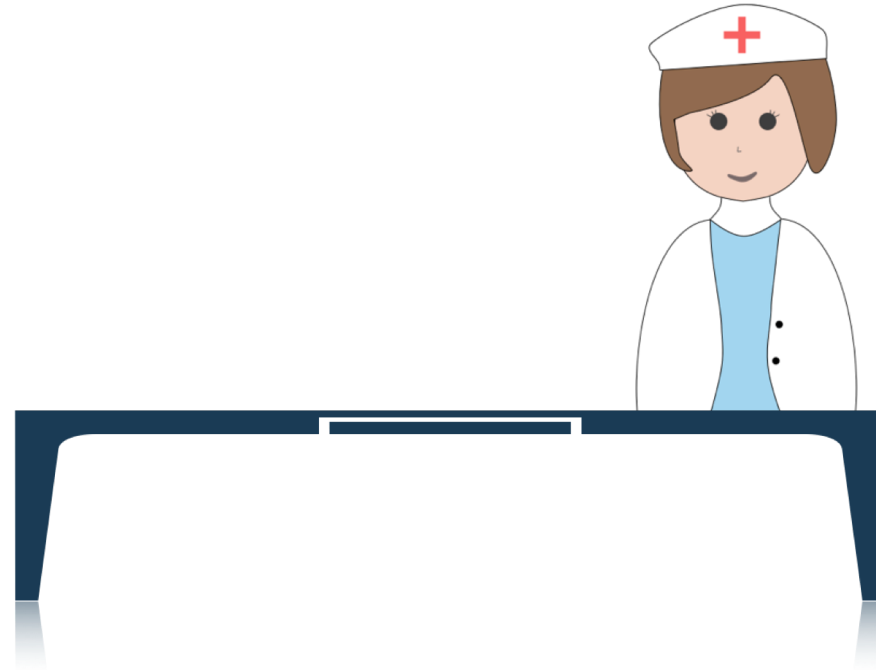
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Imagine a 10-year-old kid, who has been diagnosed with type 1 diabetes...



During a clinical visit ...



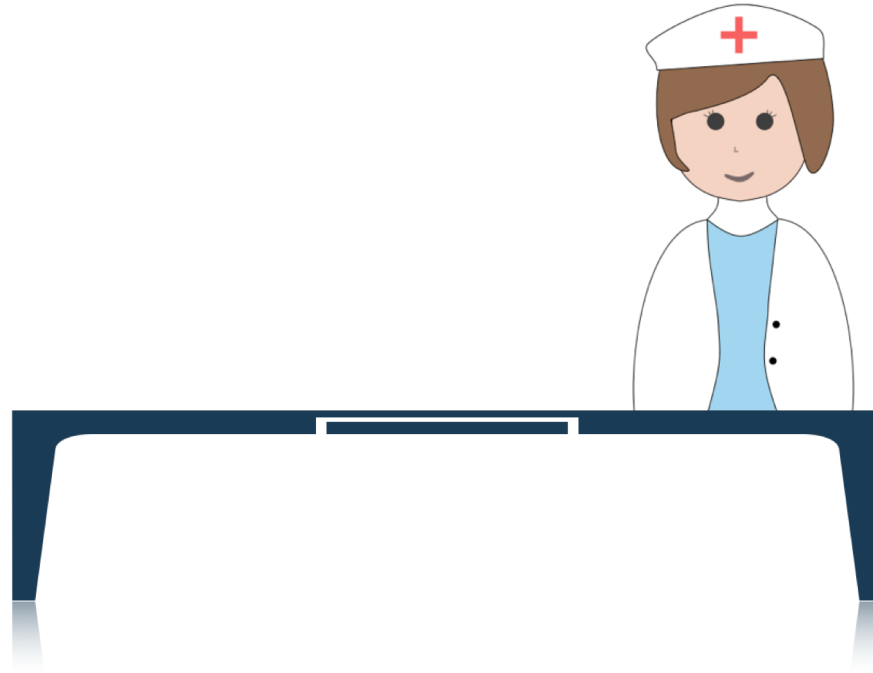
During a clinical visit ...



Diabetes Logbook

Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose
20/07	2.0	30	85	1.5	40	100	2.5	50	90			
20/08	1.8	28	80	1.2	35	95	2.2	45	85			
20/09	1.5	25	75	1.0	30	90	1.8	40	80			
20/10	1.7	29	78	1.4	38	92	2.0	48	88			
20/11	1.6	27	76	1.3	36	91	1.9	46	86			
20/12	1.9	31	82	1.6	42	98	2.3	52	92			
20/13	1.4	26	74	1.1	32	88	1.7	40	82			
20/14	1.6	28	77	1.3	35	90	1.9	44	84			
20/15	1.8	30	80	1.5	38	93	2.1	47	87			

Note: checking before heading out



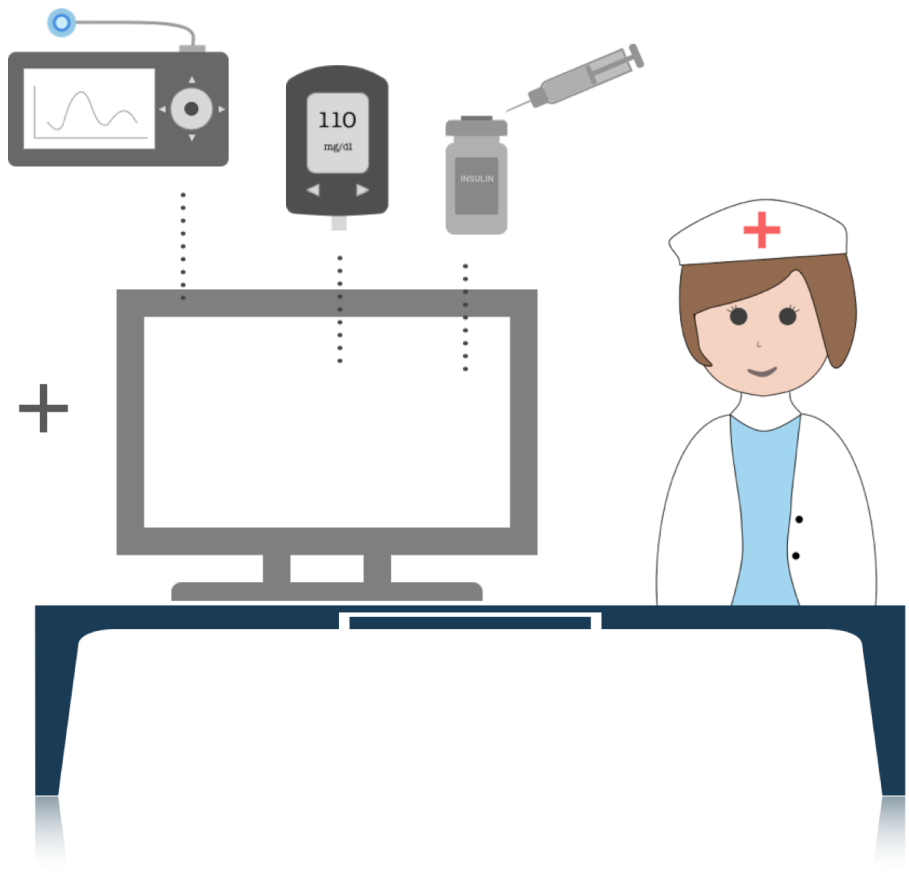
During a clinical visit ...



Diabetes Logbook

Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose
06/20	2.0	30	85	1.5	40	105	2.5	50	90			
06/21	1.8	28	80	1.5	38	95	2.0	45	100			
06/22	1.5	25	75	1.5	35	90	1.5	30	85			
06/23	1.7	26	78	1.5	36	92	1.5	30	85			
06/24	1.8	28	80	1.5	38	95	1.8	40	100			
06/25	1.5	25	75	1.5	35	90	1.5	30	85			
06/26	1.7	26	78	1.5	36	92	1.5	30	85			

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During a clinical visit ...



Diabetes Logbook

Day	Breakfast			Lunch			Dinner			Bedtime		
	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose
06/20	2.0	30	85	1.5	40	105	2.5	50	90			
06/21	1.8	28	80	1.5	38	95	2.0	45	100			
06/22	1.5	25	75	1.5	35	90	1.5	40	95			
06/23	1.7	26	78	1.5	36	92	1.5	38	98			
06/24	1.8	27	79	1.5	37	93	1.5	39	96			
06/25	1.6	24	76	1.5	34	88	1.5	36	91			
06/26	1.7	25	77	1.5	35	89	1.5	37	92			

Note: checking before heading out





**How** to help diabetes clinicians  
make treatment decisions?

What are the **tasks**?





# Hierarchical Task Analysis

## Task analysis:

Task 1

Task 2

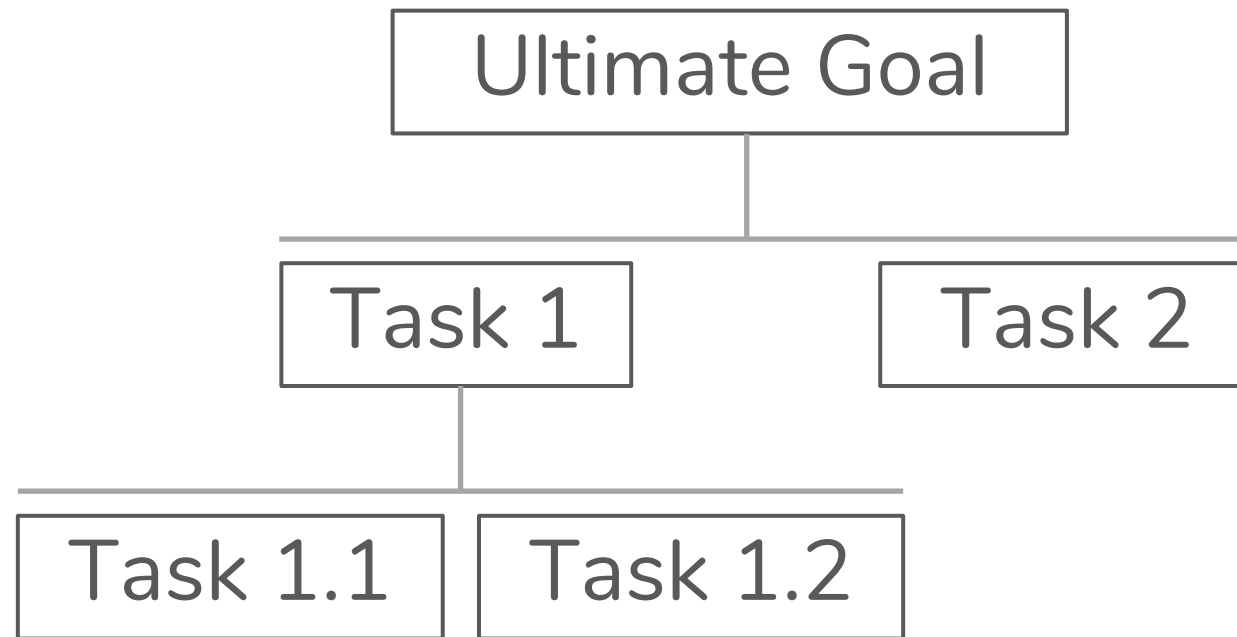
Task 3

Task 4

Task analysis:

^

*Hierarchical*





Develop a treatment plan and educate patients



0.  
Develop a treatment plan and educate patients

Increasing Task Specificity



0.  
Develop a treatment plan and educate patients

1.  
Collect and display  
the patient's data

Increasing Task Specificity



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Develop a treatment plan and educate patients

1.  
Collect and display  
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2.  
Overview the  
patient's data

Increasing Task Specificity



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3.  
Reason about patient  
blood glucose levels



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treatment plan

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4.  
Educate patients and caregivers

5.  
Make a treatment plan

3.1  
Examine post-event glucose level

Increasing Task Specificity ↓



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Develop a treatment plan and educate patients

1.  
Collect and display the patient's data

2.  
Overview the patient's data

3.  
Reason about patient blood glucose levels

4.  
Educate patients and caregivers

5.  
Make a treatment plan

3.1  
Examine post-event glucose level

3.2  
Examine the interplay between events

Increasing Task Specificity ↓



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Develop a treatment plan and educate patients

1.  
Collect and display  
the patient's data

2.  
Overview the  
patient's data

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Reason about patient  
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Educate patients  
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Make a  
treatment plan

3.1  
Examine post-event  
glucose level

3.2  
Examine the interplay  
between events

3.1

Examine post-event  
glucose level

3.1

Examine post-event  
glucose level



Examine related  
data to understand  
observation

Hierarchical Task Analysis

Task Abstraction

Design

## Design Requirements



## Design Requirements

- DR1. Composite Visualization of **Integrated** Data

## Design Requirements

- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data

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- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data
- DR3. **Align and Scale** Temporal Data

## Design Requirements

- DR1. Composite Visualization of **Integrated** Data
- DR2. Visualization of **Folded Temporal** Data
- DR3. **Align and Scale** Temporal Data
- DR4. **Summary** Statistics

Hierarchical Task Analysis

Task Abstraction

Design

# Design of IDMVis

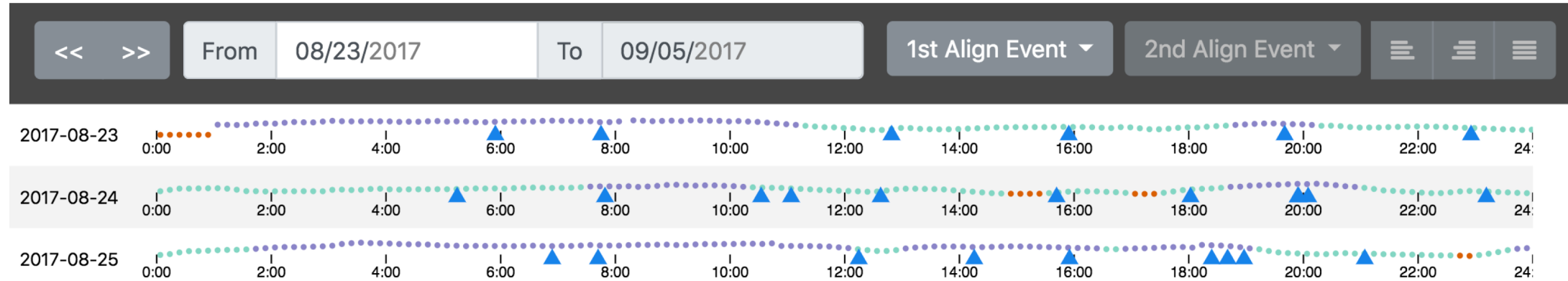
14-Day Overview



Detail View

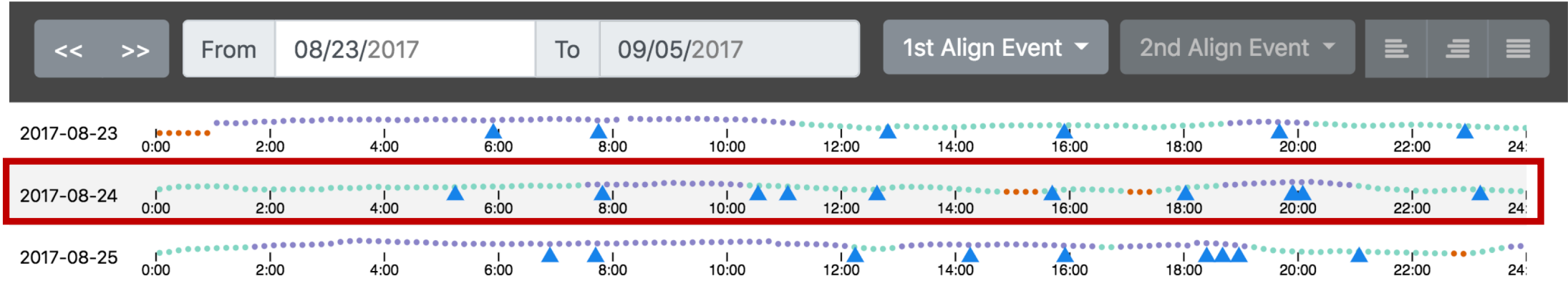
Summary Statistics Panel

## 14-Day Overview



Use small multiples to partition data folded by days

## 14-Day Overview





Glucose  
Meter



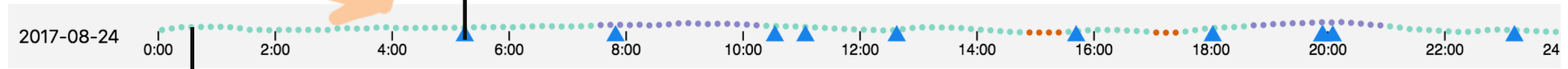
Events from **logbooks** with blood glucose readings



Glucose Meter



Events from **logbooks** with blood glucose readings



Continuous Glucose Monitor (CGM)



Glucose Meter






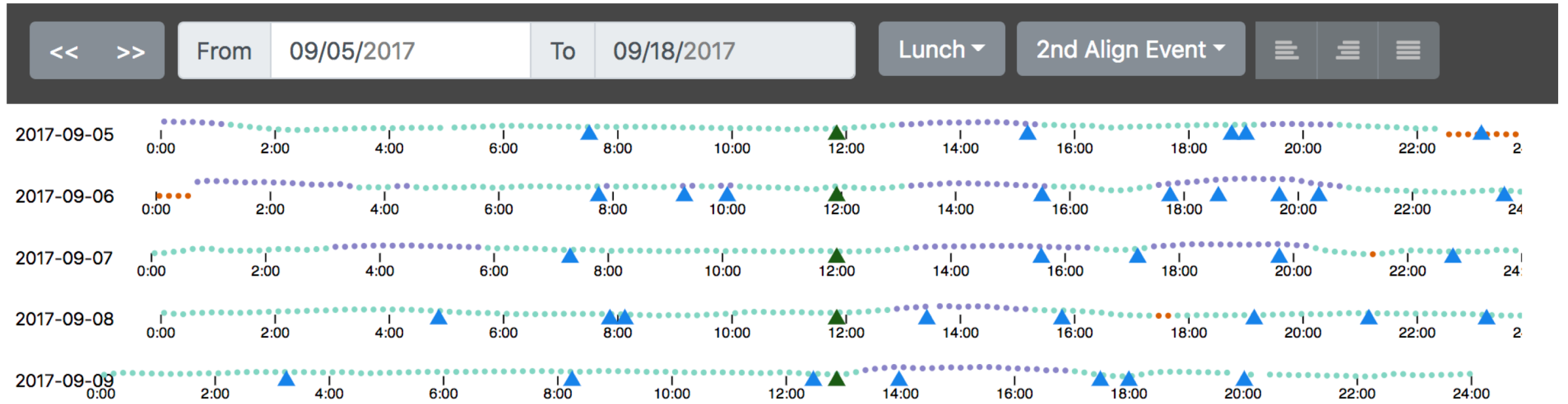
Events from **logbooks** with blood glucose readings



Continuous Glucose Monitor (CGM)

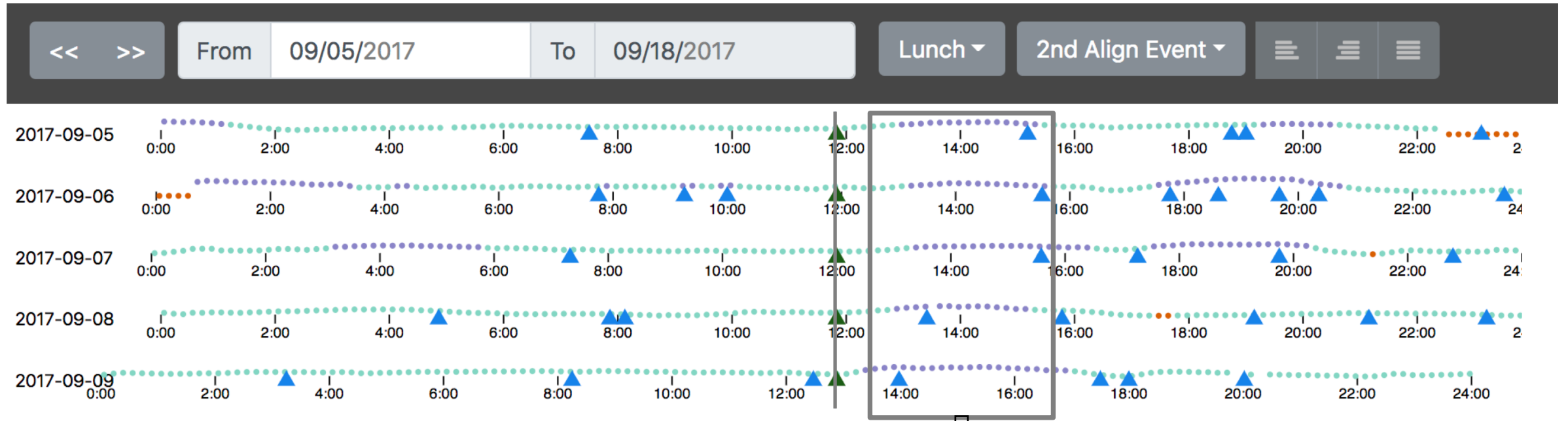


-  **below** range (<70 mg/dL)
-  **normal** range (70-180 mg/dL)
-  **above** range (>180 mg/dL)



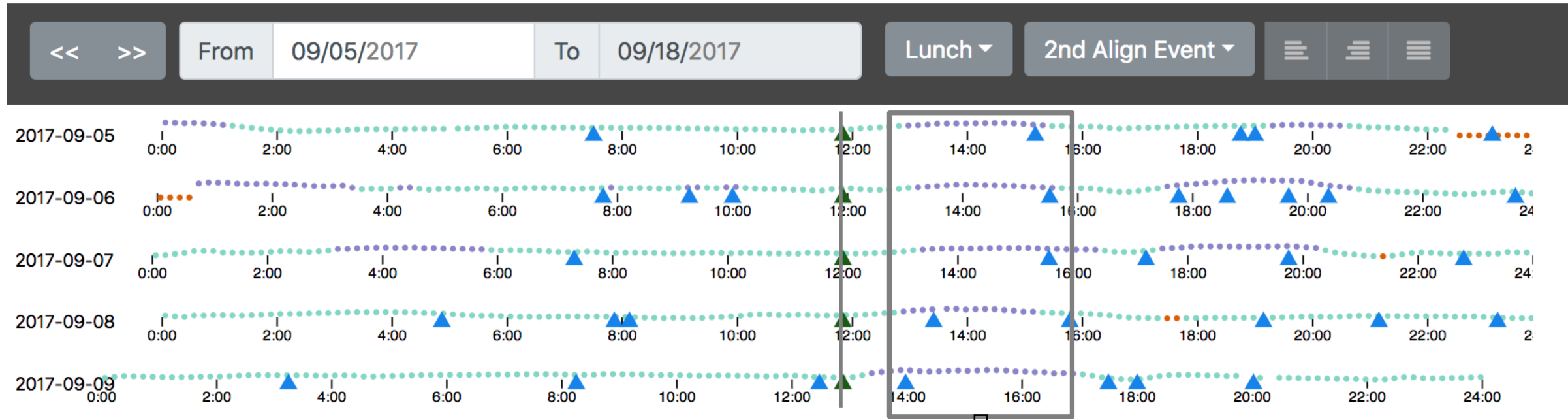
▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL) ● CGM above range (>180 mg/dL) ● CGM below range (<70 mg/dL)



Single-event alignment  $\implies$

A pattern of **high blood glucose** after lunch shown by purple circles ●●●

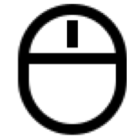


Single-event alignment  $\implies$

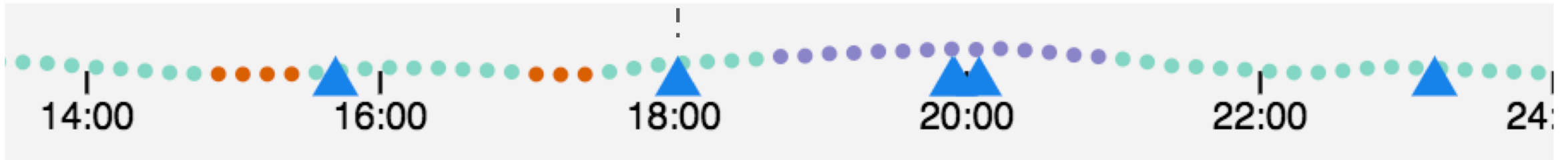
A pattern of **high blood glucose** after lunch shown by purple circles ●●●

3.1

Examine post-event glucose level



Zoom-in window to show event details

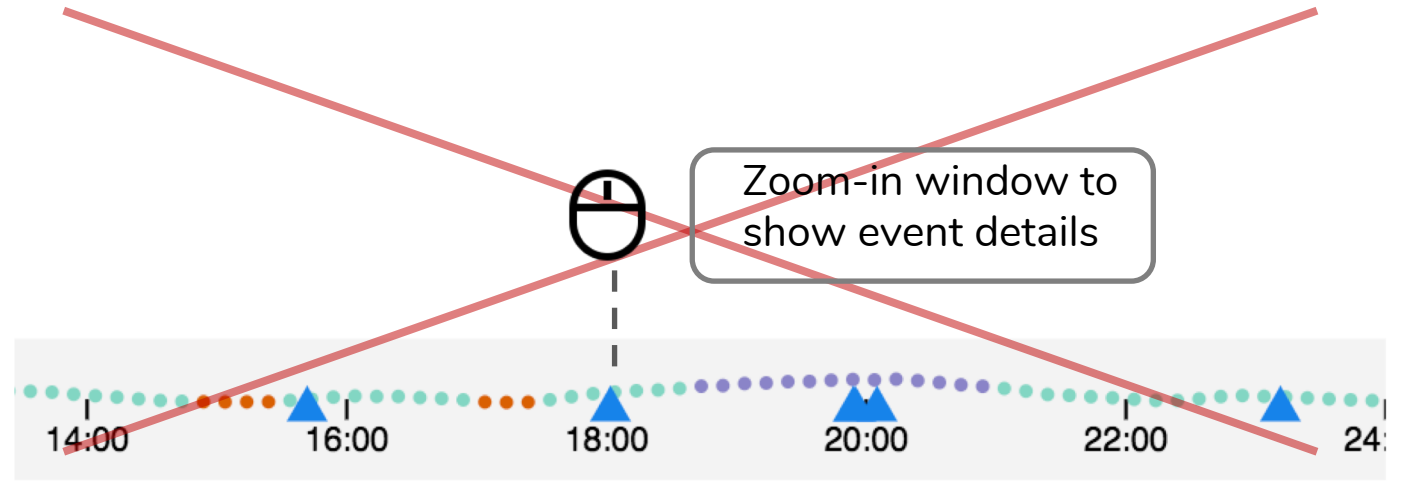


3.1  
Examine post-event glucose level

3.  
Reason about patient  
blood glucose levels

3.1  
Examine post-event  
glucose level

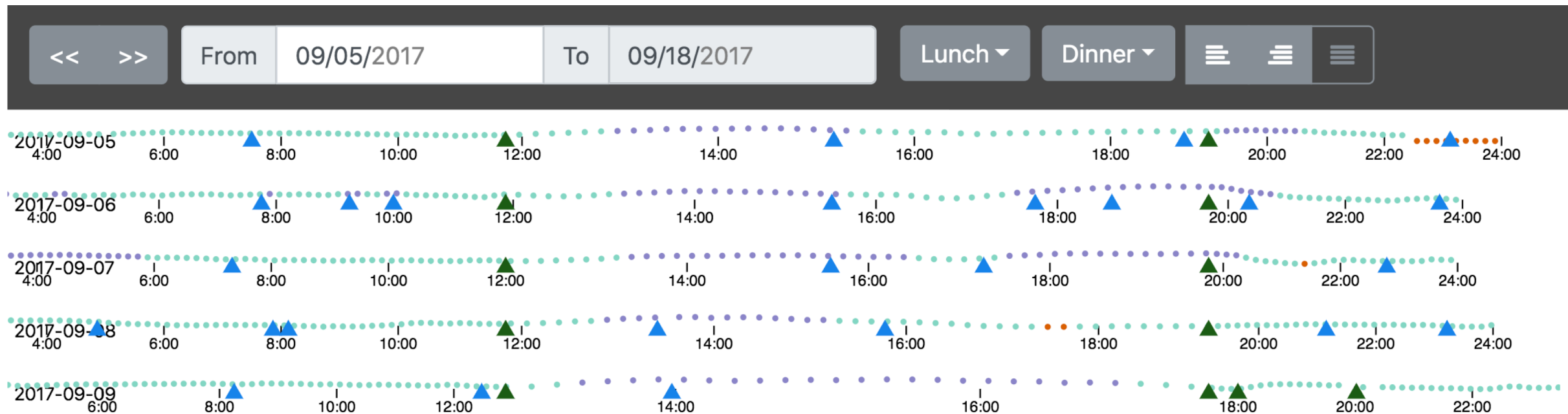
...





# Dual-event alignment

**Stretch** time scaling

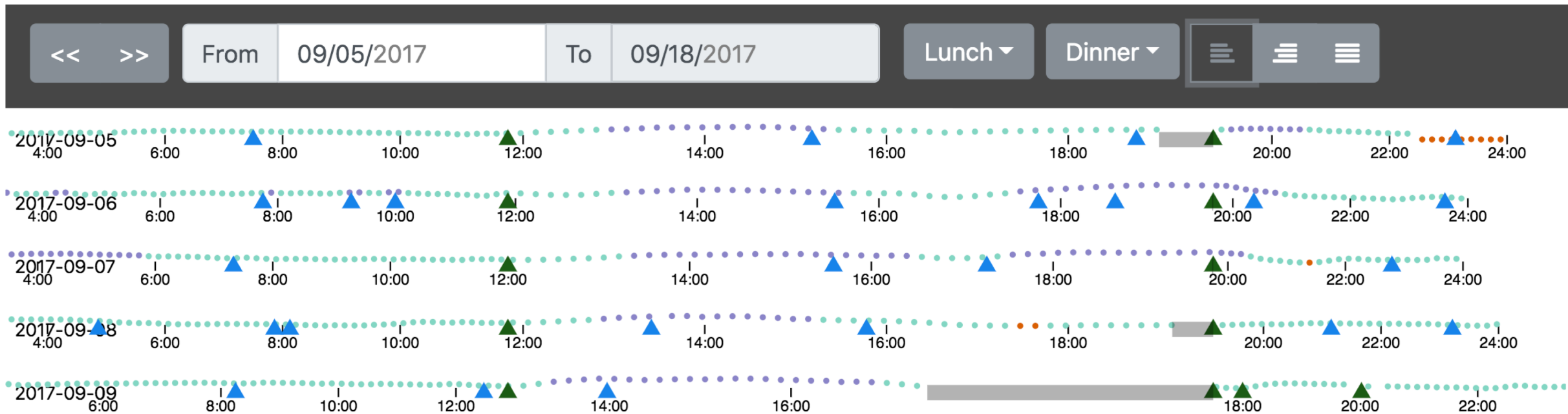


▲ Events from logbooks with blood glucose readings

● CGM normal range (70-180 mg/dL) ● CGM above range (>180 mg/dL) ● CGM below range (<70 mg/dL)

# Dual-event alignment

# Left-justified time scaling



▲ Events from logbooks with blood glucose readings

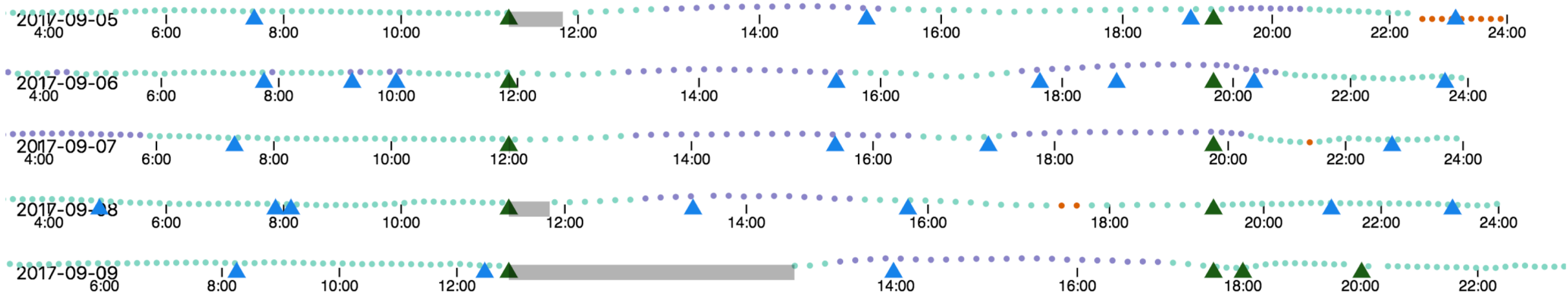
● CGM normal range (70-180 mg/dL) ● CGM above range (>180 mg/dL) ● CGM below range (<70 mg/dL)

# Dual-event alignment

# Right-justified time scaling



<< >>
 From  To 
 Lunch ▾ Dinner ▾
 ☰ ☰ ☰

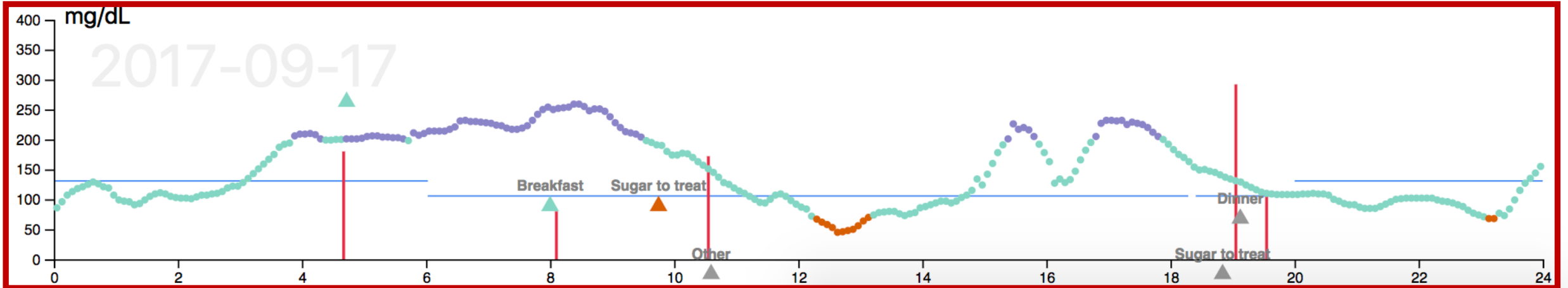
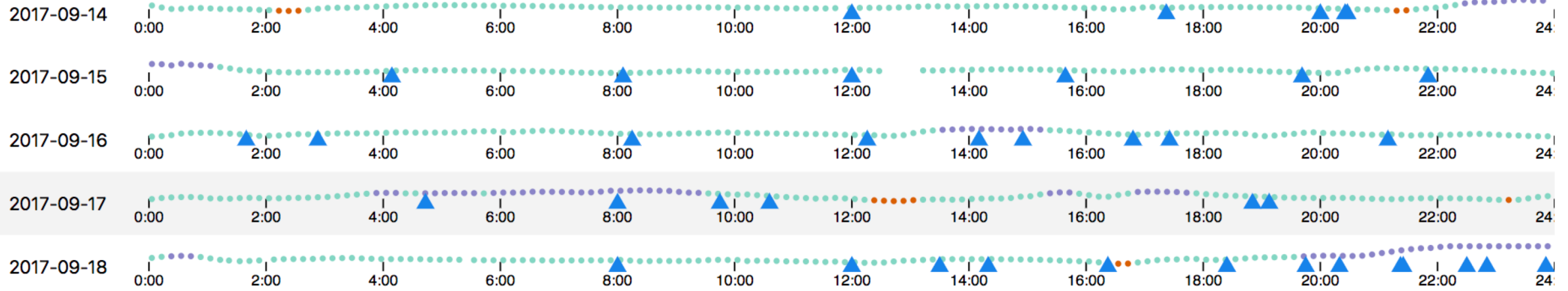


- ▲ Events from logbooks with blood glucose readings
- CGM normal range (70-180 mg/dL)
- CGM above range (>180 mg/dL)
- CGM below range (<70 mg/dL)

# Hierarchical Task Analysis

# Task Abstraction

# Design

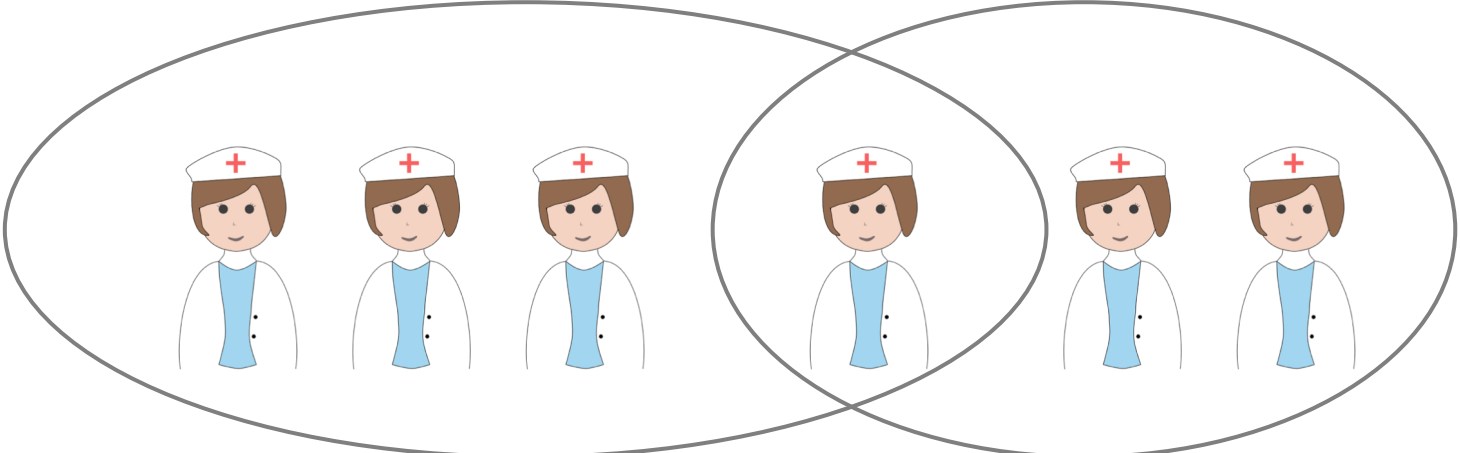


Detail View



# Qualitative Study

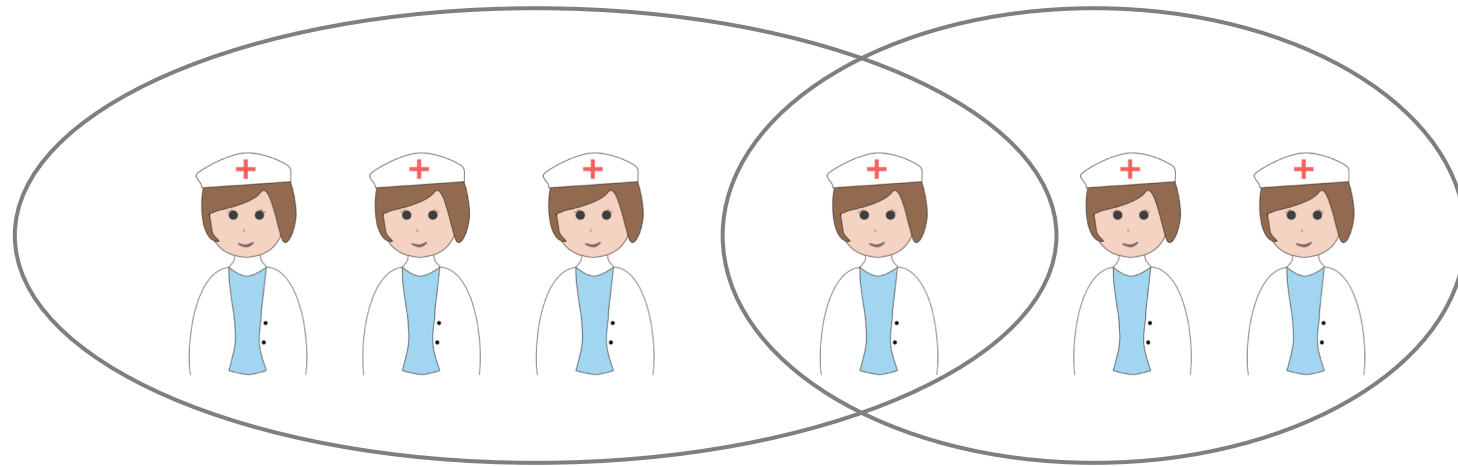
# Participants



Certified diabetes educators  
(CDEs)

Dietitians

# Participants



Certified diabetes educators  
(CDEs)

Dietitians

Average years of  
work experience:

**17.2** years

# Methodology

Semi-structured interviews

Date	Breakfast			Lunch			Dinner		
	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose	Insulin	Carbs	Glucose
2017-08-23	0.6	16.0	162.0	1.5	43.0	149.0	2.3	90.0	111.0
2017-08-24	1.4	29.0	144.0	1.3	49.0	-	2.0	73.0	115.0
2017-08-25	1.2	31.0	-	2.1	31.0	265.0	1.9	77.0	-
2017-08-26	1.7	34.0	145.0	-	-	-	0.3	11.0	-
2017-08-27	1.9	36.0	166.0	1.5	67.0	85.0	1.0	41.0	-
2017-08-28	1.0	31.0	78.0	1.1	40.0	130.0	0.1	5.0	-
2017-08-29	1.1	29.0	140.0	1.6	47.0	140.0	1.0	46.0	77.0
2017-08-30	1.2	21.0	145.0	1.3	54.0	85.0	2.3	72.0	161.0
2017-08-31	0.6	19.0	88.0	1.7	46.0	162.0	-	69.0	184.0
2017-09-01	-	-	-	1.3	36.0	147.0	1.6	63.0	115.0
2017-09-02	1.8	38.0	138.0	1.3	52.0	85.0	1.9	75.0	-
2017-09-03	-	-	-	1.7	60.0	80.0	1.9	65.0	153.0
2017-09-04	1.1	19.0	151.0	2.4	28.0	325.0	-	56.0	-
2017-09-05	0.6	10.0	135.0	2.1	54.0	169.0	1.4	50.0	-

Day-by-meal table



Exploration using IDMVis



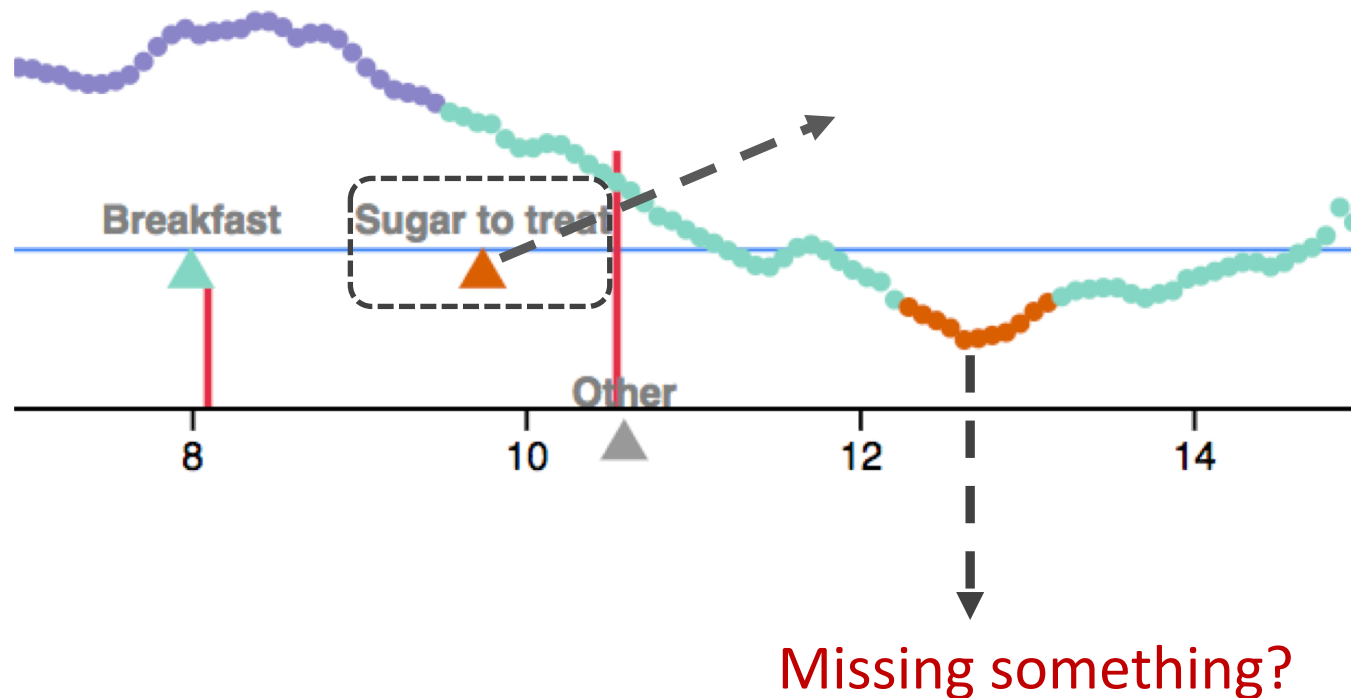




# Results

## Results

**Superimposed** detail view helps **identify issues of data quality** (e.g., missing or conflicting data)



“ So sugar-to-treat [blood glucose] should have gone up from here, not down. It went down. Kept going down. **Sugar to treat should be here**, before this curve comes back up. That’s my concern. **It’s missing something here.** ”

**Sentinel event alignment** allows exploration of event sequence relationships

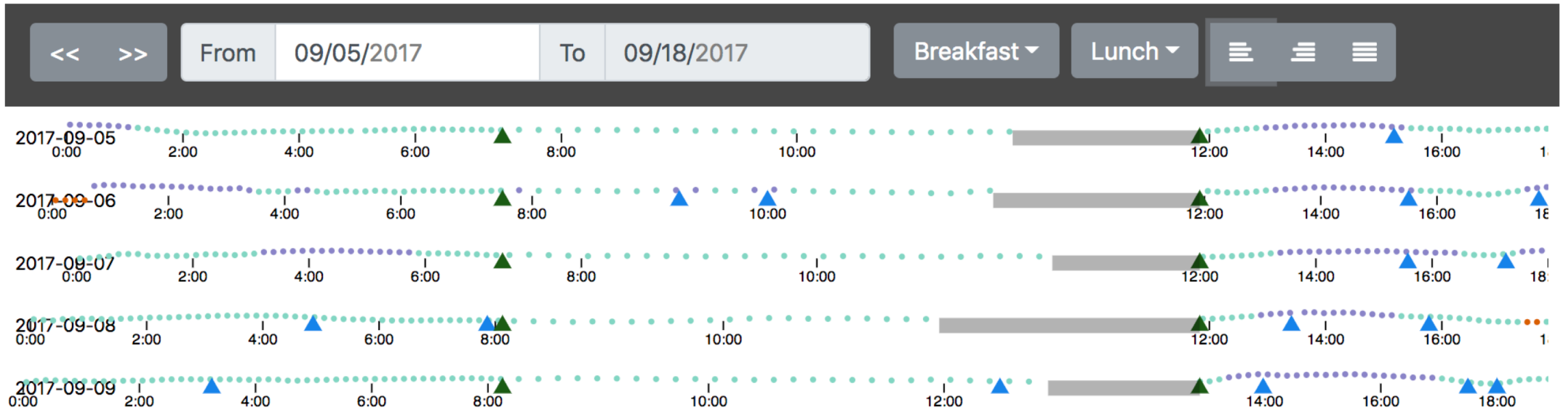
**Sentinel event alignment** allows exploration of event sequence relationships

- Use **single-event** alignment to look for event consistency

**Sentinel event alignment** allows exploration of event sequence relationships

- Use **single-event** alignment to look for event consistency
- Use **dual-event** alignment to examine variability of patterns

# Results



“ I like being able to see how you could **separate and see between the length, the time between meals...** You can't tell them to eat three times a day at the same time. So it's just sort of helpful to see the **variability...** It would help you plan for it in the fact that you might **reduce his basal based on the fact that he's an erratic eater.** ”



Conclusion

## Conclusion

- IDMVis – a temporal event sequence visualization
  - Novel techniques for temporal folding
  - Aligning by dual sentinel events & scaling the intermediate timeline



## Conclusion

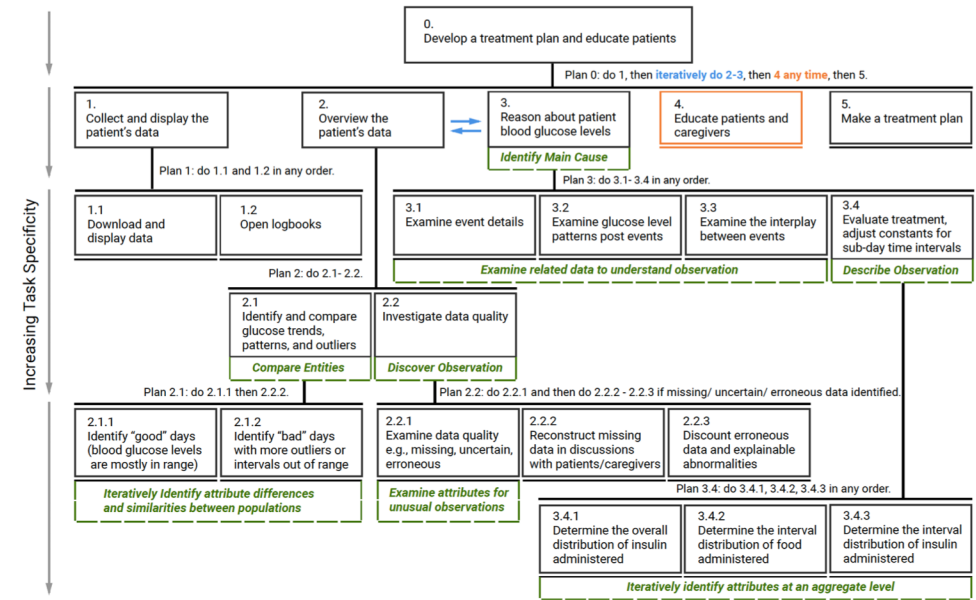
- IDMVis – a temporal event sequence visualization
  - Novel techniques for temporal folding
  - Aligning by dual sentinel events & scaling the intermediate timeline
- Hierarchical task abstraction

Hierarchical Task Analysis

Task Abstraction

Design

For more information, please visit [bit.ly/IDMVis](http://bit.ly/IDMVis)



Yixuan (Janice) Zhang



Kartik Chanana



Cody Dunne



Northeastern University